

hivem

Smart Body Scale

(8 Electrodes)

User Manual

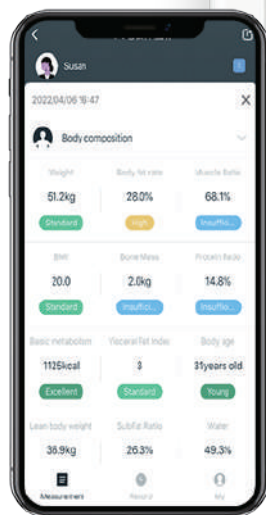


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Product Information

- Max Capacity 180kg.
- Cross measurement with 8 electrodes allows for segment analysis, i.e. a separate display of individual body parts (arms, legs, torso)
- Works with the “Huem” App and analyzes 27 body health values.
 - Weight/ Score / Body Fat Rate / Muscle Ratio / BMI/Bone Mass/Protein Ratio/Basic metabolism/Visceral Fat Index/Body age/Lean body weight/SubFat Ratio%/Water%/Sub Fat(kg)/Muscle mass/Fat mass /Standard weight/Left Hand Fat/Right Hand Fat/Body Fat/Left Leg Fat/Right Leg Fat/Left Hand Muscle/Right Hand Muscle/Body Muscle/Left Leg Muscle/Right Leg Muscle.
- Curve trends lines for history trucking
- Multiple Users
- Auto on & Off
- Low battery and overload indicator

Note: The scale will turn on when a weight of 5kg or more is placed on it. It is recommended to keep the scale in a working environment of: 0°C-40°C/32°F-104°F ; Relative humidity<85% so that the health values will continuously be updated.

App “Huem” Information: Search and download the free app “Huem” on Android or iOS.

System requirement for use of the App:

- iOS 8.0 or higher + Bluetooth 4.0 or higher
- Android 4.4 or higher+ Bluetooth 4.0 or higher

Due to many different device manufacturers, models and software versions, full functionality cannot be guaranteed.

Please read the following instructions carefully before use. The scales are designed for household use only. We keep the rights update APP screen without in advance notification.

Operation

1. Open the battery compartment on the underside.
2. Insert batteries, please ensure that the polarity is correct.
3. Close the battery compartment again.

Note: If the message “ Lo” appears on the display, replace the batteries.

How to measure Body Weight

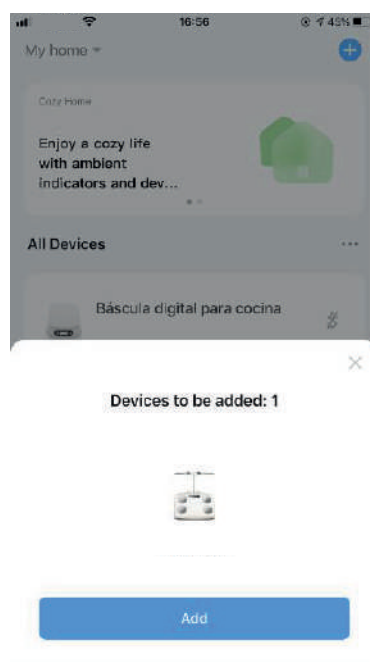
If you prefer to not connect to app and would just like to use the scale for simple weight measurement, then simply follow the steps below:

1. Press the platform center and remove your foot.
2. 0.0 will be displayed on the screen
3. The scale will switch off and is now ready for use.
4. Step onto weight platform until your weight numbers appear on the screen.

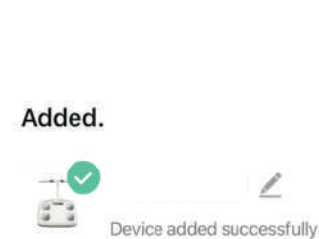
Note: This initialization process must be repeated if the scale is moved. Always place the scale on a hard and flat surface to have accurate measurement. If you find a within 3kg discrepancy 2 times consecutively, it is possible that the initialization process was not successful. Repeat steps 13-.

Add Device

1. Turn on the scale, Scale display show 0.0 kg.
2. Click App “ Add Device” App screen will auto post a screen “Devices to be added” show the device able to Choose .

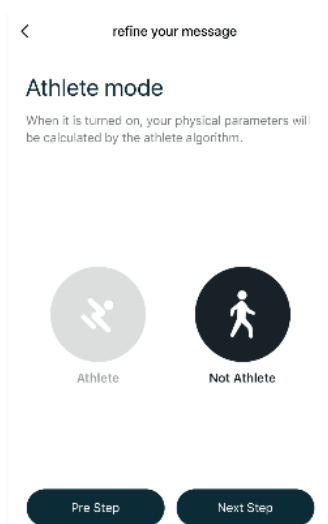
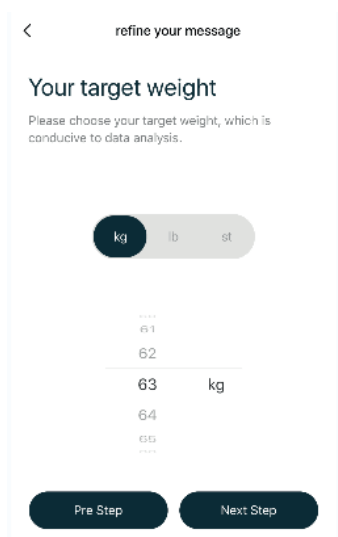
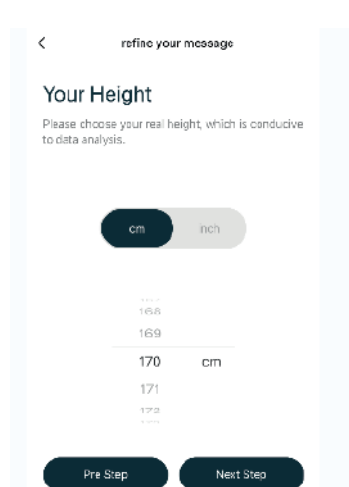
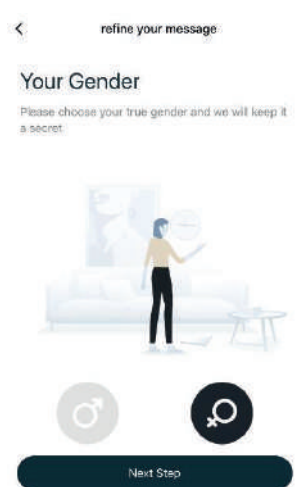


3. Click “Add” then make Connection.



Refine your message

Fill in Gender / Birthday / Height / Target weight / Athlete mode then click “Next Step” to enter into Smart scale Main Page.

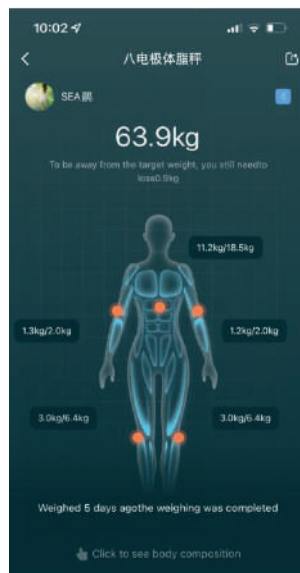


Start to use scale measure body composition values.

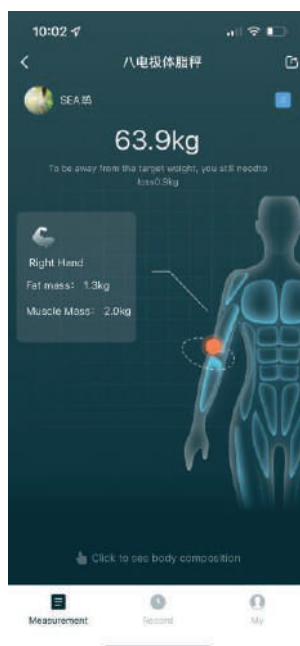
Stand on the scale barefoot and holding the control unit in your hands. Hold the control unit with the underside of your thumbs on the front electrodes and with your fingers pressed firmly against the back electrodes.

The weight is measured and recorded, then **XXXXX** is displayed, indicating that the scales are analyzing, please do not alight. Once finished, the weight will fixed and show on display and App showing All body composition values.

Data Details



Click the red point of each body parts then can see the separate display of individual body parts (arms, legs, torso)

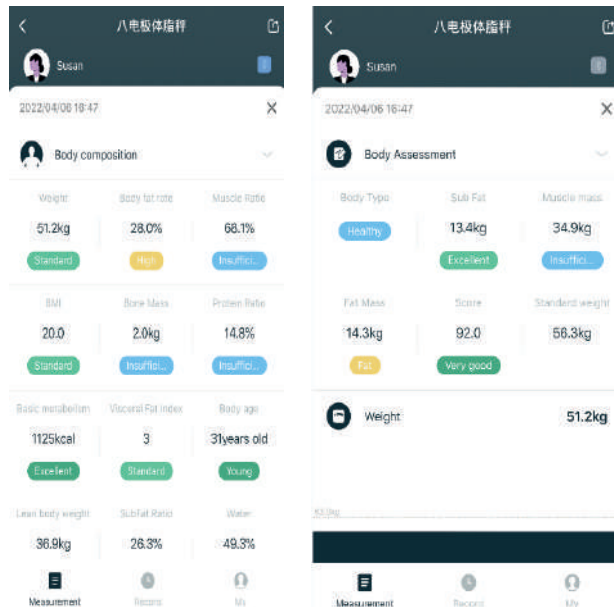


“Click to see body composition” can see more analyze value. The smart scale can give you total 18 body health indicator reference values.

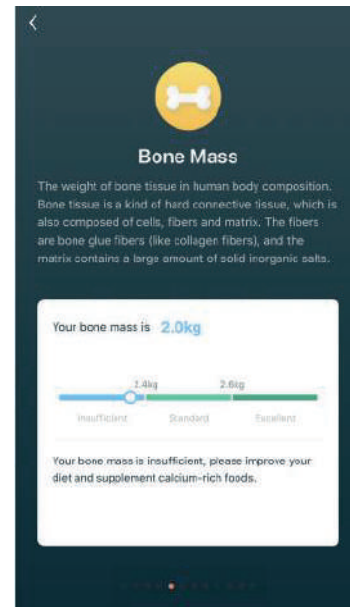
- Weight/ Body Fat Rate% / Muscle Ratio% / BMI/Bone Mass/Protein Ratio%/Basic metabolism/Visceral Fat Index /Body age/Lean body weight/SubFat Ratio%/Water%/Body type/Sub Fat(kg)/Muscle mass/Fat mass/Score / Standard weight

Click each value can see each value recommendation.

Analyze value details page



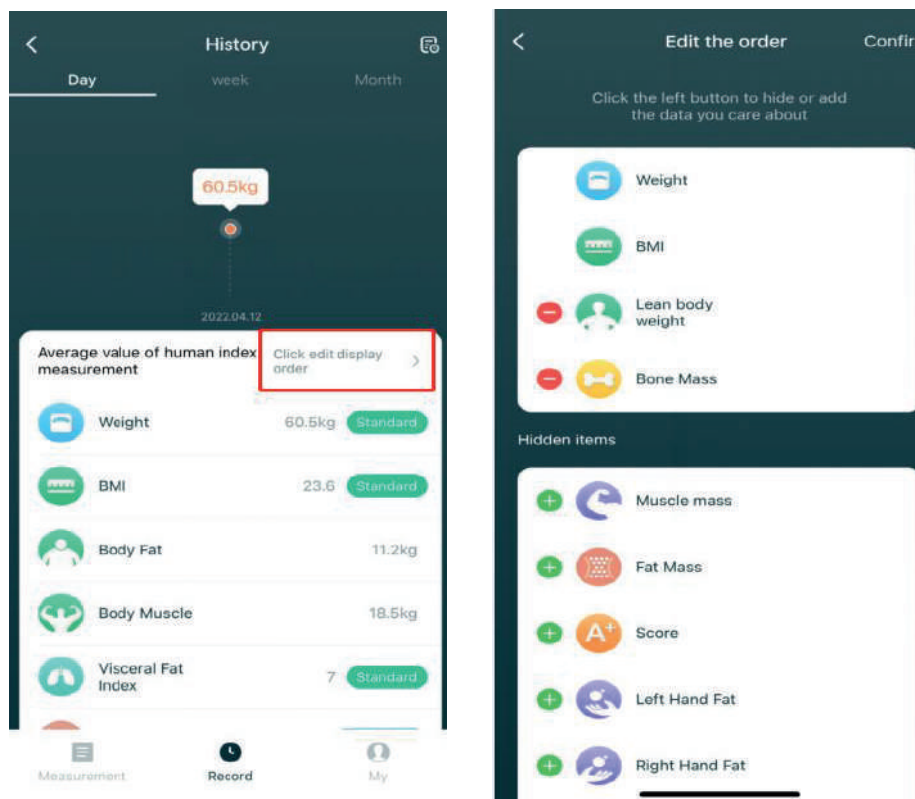
Each value recommendation



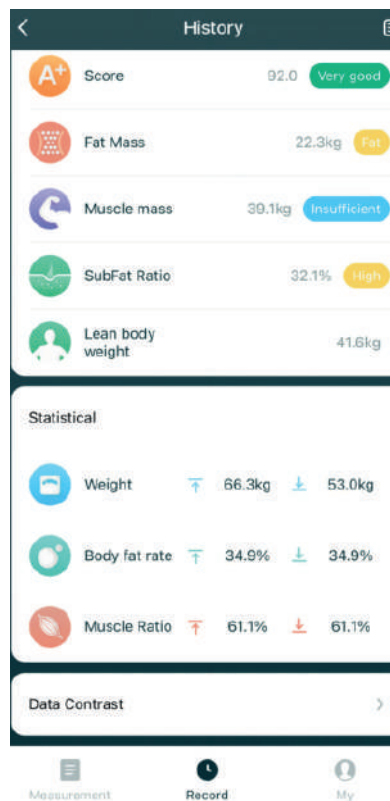
Record: Enter into Record can truck the history data and knows the average data trends by Day / Week/Month.



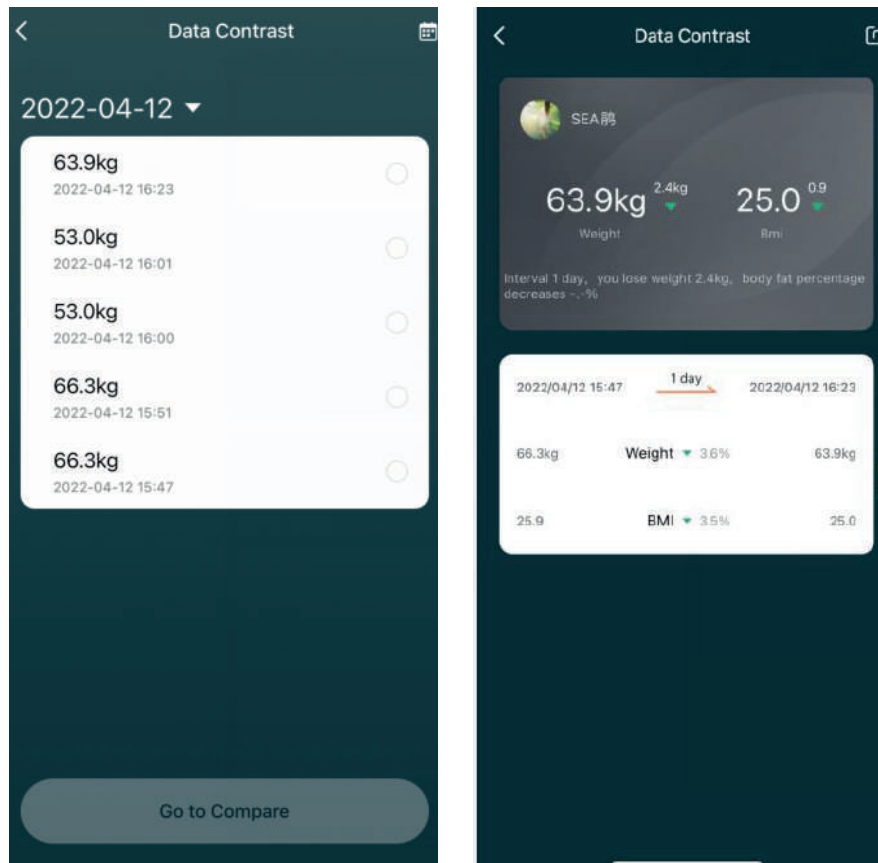
You can click to edit display order as below, then can choose to hide or add the data you care about




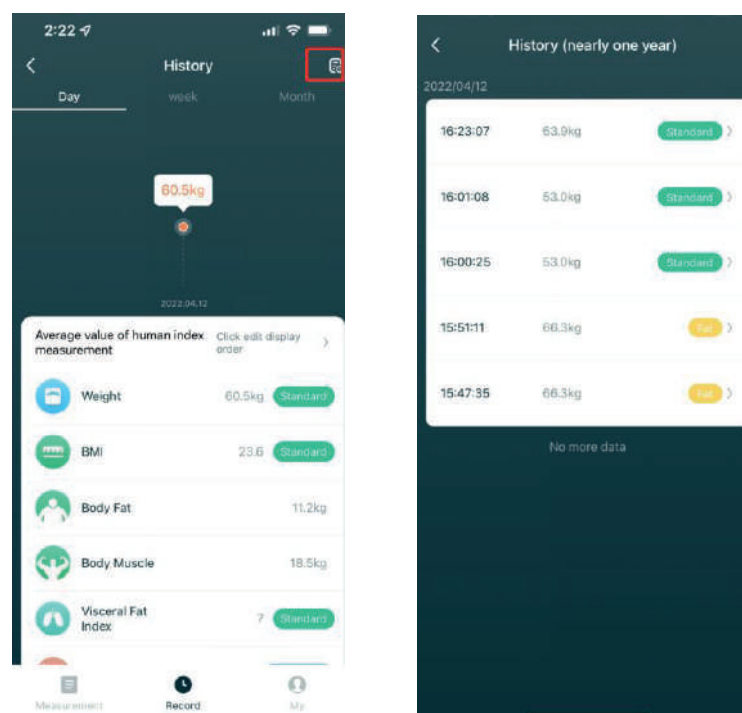
From the record , you can see the statistical analysis for your weight/ body fat rate /muscle rate.



You can also do the data contrast from your record to see your variation for weight and BMI.



Click below icon  , you can find all your datas record history with detail date and time.

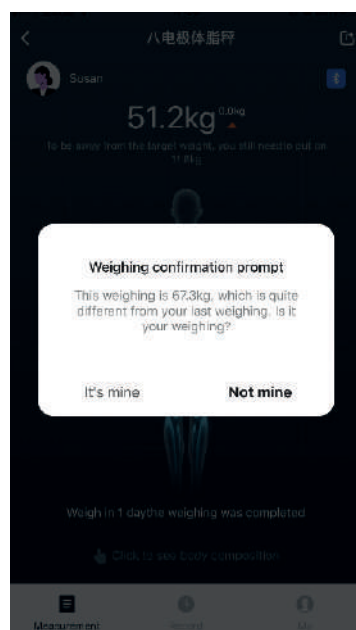


Click the time then you can track all the result details (total 28 values)



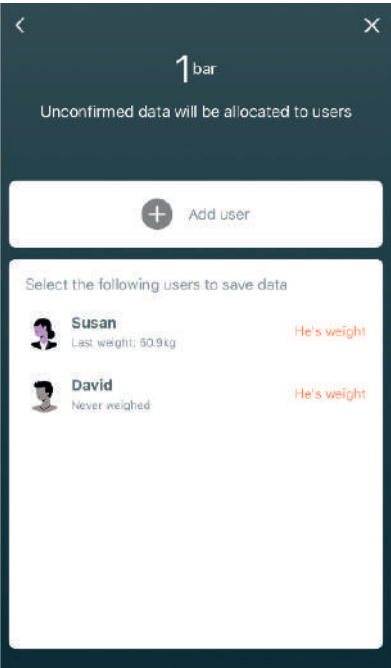
Claim datas

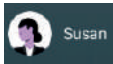
The new measurement value claimed automatically based on weight within ± 2 kg to the last measurement. While If the measured weight is more than ± 2 kg difference than your last measurement, the APP will ask you to claim the data.

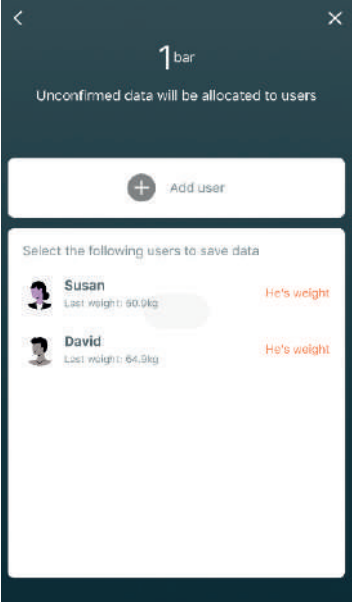
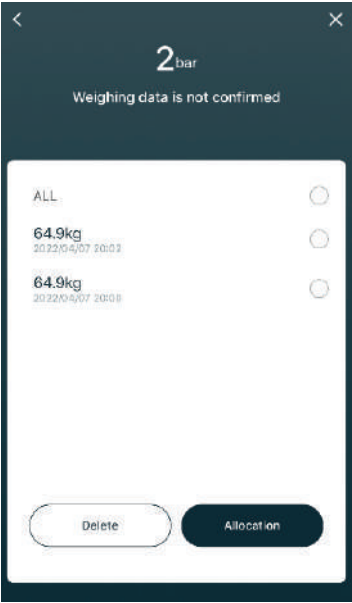
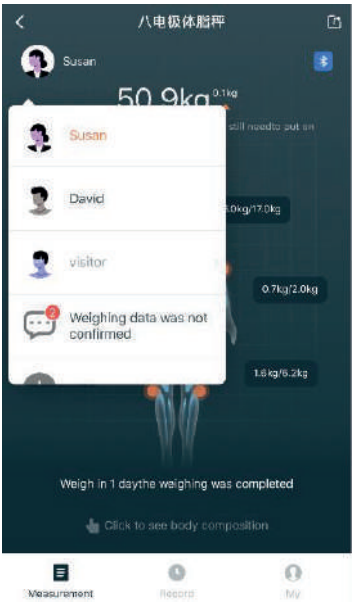


-Choose "It's mine", all datas results will show according to the chosen measured weight.


-Choose "not mine", you need to select the correct person and click "He's weight".

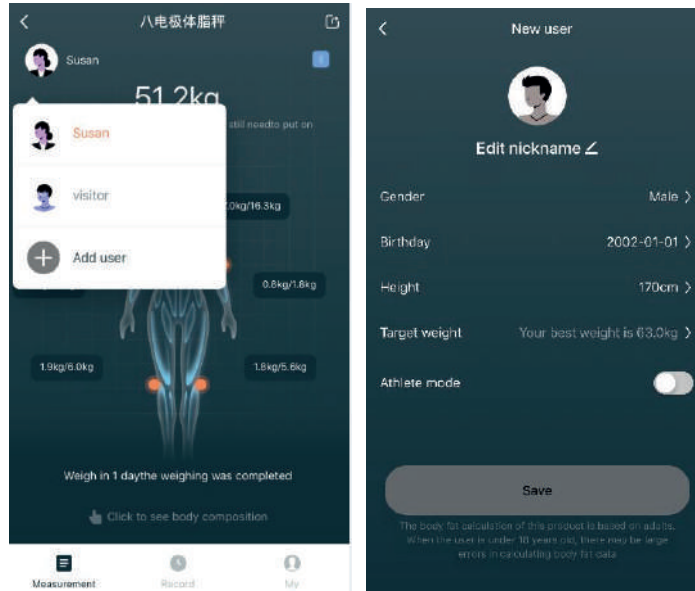



Touch the  on the left up side, click, "Weighing data was not confirmed. Select the weight and the user to unallocated or delete data.

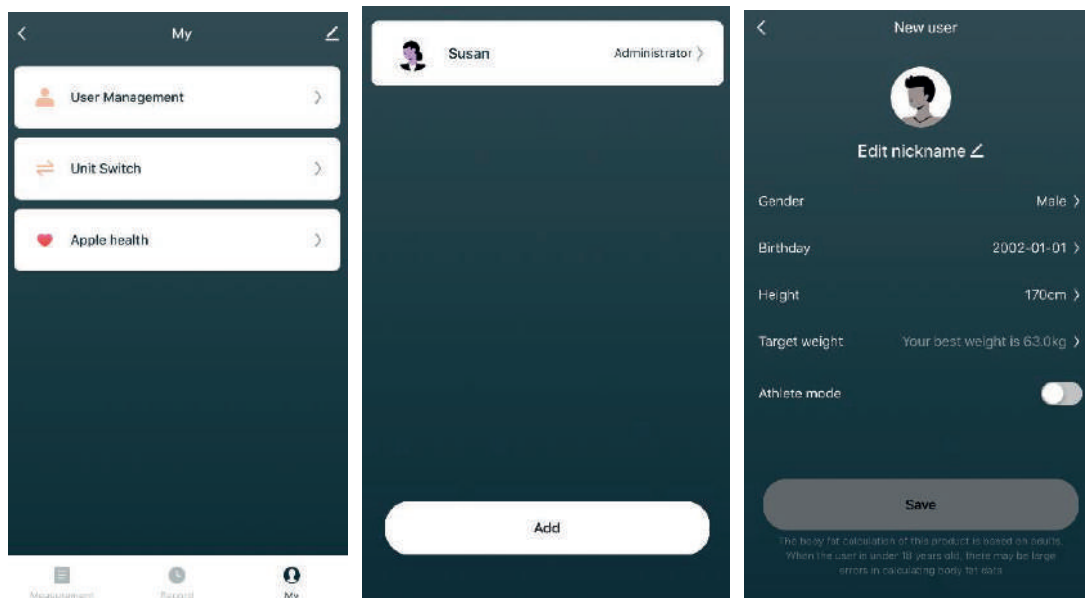


Multiple Users


1. Touch the  on the left up side, click “Add user” to add new users.



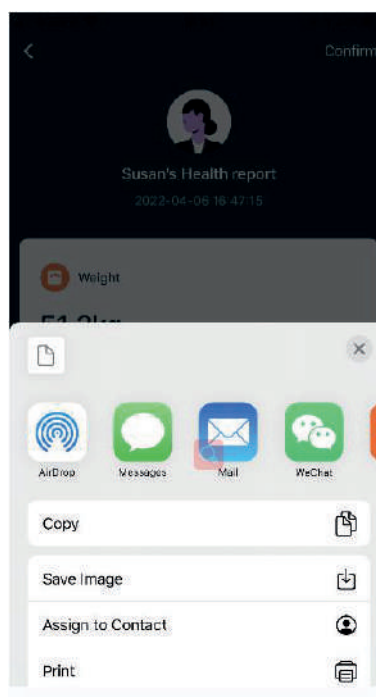
2. Or click  on right bottom side of home page, choose “User Management” and then click “Add” to get into user information edit page.





Share your Health Report:

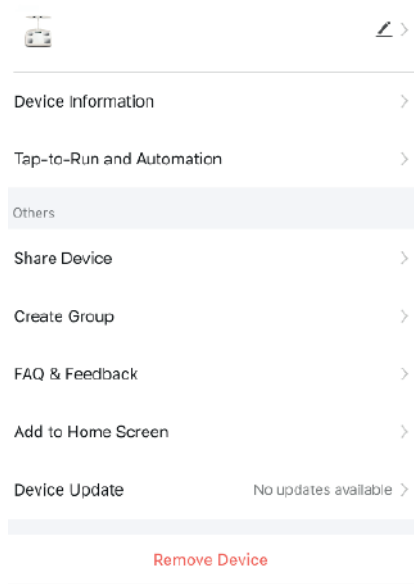
Click  at scale main page, enter into Health report page.

Choose “Confirm” to share the report to your friends.



Device Manage

If you want to delete the current connected device, touch  in homepage and then click  enter into details of device page, and select "Remove Device".



Troubleshooting

1. When the LED screen displays "Lo", you should install a new battery.
2. When the LED displays "Err" and stay at "Err"
 - it indicates that the maximum weight has been exceeded.

3. When the LED displays Weight but no analyze data in app or displays "Err2"

- Make sure you are barefoot when standing on the platform
- Make sure your foot is touching the electrodes on the right and left side
- Make sure you enter your profile parameters in full
- Make sure your WELCOME HOME page shows the scale is connected
- Make sure the scale electrodes are under clean condition.
- Make sure the phone Bluetooth is ON

Note 1 : If the above did not solve the issue, enter into the Device Manage Remove device first and then repeat Add device steps 1 - 3 to repair the device.

Changing the battery

1. Open the battery door on the underside of the scale by releasing the clip and lifting off the door.
2. Remove the used battery and replace with a new one.
3. Replace the battery door.

Battery Safety:

Always:

- Use the batteries recommended
- Make sure the battery compartment is secure
- Fit batteries correctly, observing the + and - marks on the battery and compartment.
- Store unused batteries in their packaging and keep away from metal objects which could cause a short circuit
- Remove dead batteries from the scales.
- Remove batteries from the scales if they will not be used for a prolonged period.
- Keep loose batteries away from young children.
- Seek medical advice if a battery has been swallowed.

Never:

- Dispose of batteries in a fire
- Attempt to recharge ordinary batteries

Use and care:

- Ensure your scales is on a flat, even and firm surface. Avoid carpet or soft surfaces.
- Always weigh yourself with the same scale placed on the same surface. Uneven floors may affect the reading.
- The surface of the scale will be slippery if wet. Keep dry!
- Weigh yourself without clothing and footwear, before meals and always at the same time of day for most accurate results.
- For better accuracy, it is not advised to take the measurement within 2 hours of waking up.
- Keep the scale in a dry place to protect the electronic components.
- Clean after use with a lightly damp cloth. Do not use solvents or immerse the product in water.
- Avoid overloading the scale; otherwise, permanent damage may occur.
- Do not disassemble the scale, other than to replace the battery.
- Do not store the scale in an upright position when not in use as this will drain the battery.

Avoid excessive impact or vibration to the unit, such as dropping the scale onto the floor, or objects onto the scales.

A user who has any metal material inserted into his/her body may get differences in measurements of body fat reading.

Pacemaker users are advised against using this device. The precision of the data detected by the scale can be altered in the following cases:

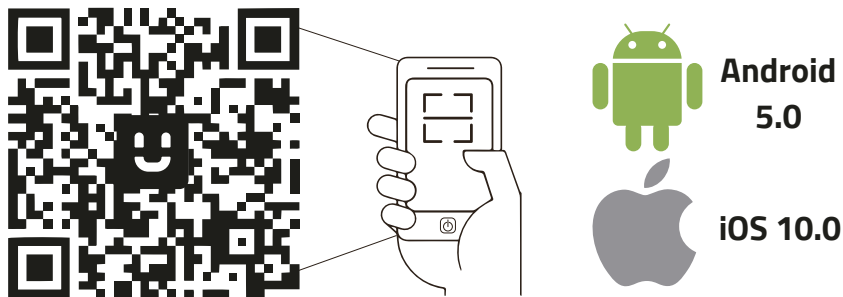
- High alcohol levels
- High levels of caffeine or drugs after an intense sports activity
- During an illness
- During pregnancy
- After heavy meals
- In presence of dehydration problems
- Your personal data (height, age, gender) have not been input correctly
- If you have wet or dry feet persons with swollen leg

Download Huem App

1. Search the App "Huem" from Apple Store or Google Play.

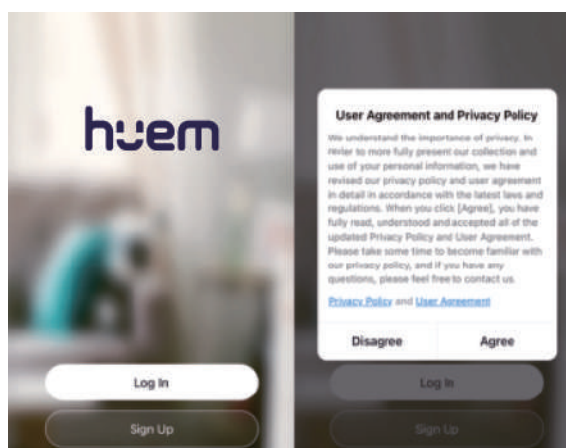


2. Scan the QR code from the label or user manual.



The App is compatible with Android 5.0 and iOS 10.0 and higher version.


Log in / Register App





h:em

CONTACT

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